



Hoboken Catholic Academy

www.hobokencatholic.org

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Mrs. Pamela Mescall, RN

School Nurse

A Note from the Nurse...

- **If your child has asthma, food allergies, any other health concern, or takes prescription medications on a regular basis and you have NOT been contacted by the school nurse, please get in touch with me as soon as possible to discuss your child's health care plan (Asthma Action Plan, Food Allergy Care Plan or Emergency Plan). This is important regardless of whether any treatment is required at school. In an emergency situation, health history & information about allergies and medications is vital.**
- **Any medications that need to be used during school hours must have a doctor's note in order to be administered by school personnel. This includes both prescription and over-the-counter medications.**
- **All medications sent to the school must be in the original container. Prescription medications must have the pharmacy label attached and over-the-counter medications need to be clearly labeled with the child's full name and grade.**
- **Reminder for Pre-Kindergarten students: The State of New Jersey requires that all students in pre-Kindergarten have an annual seasonal influenza (flu) vaccine. Please remember to send in an updated copy of your child's immunization record once they have met this requirement.**

Thank You!



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